



Summer Volleyball Camp Schedule - 2019

Location for all sessions: The Barn - N8770 Lakepark Road, Menasha
(former Lake Park Sportzone facility)

Includes: 1 hour training session per week with 2 coaches / T-shirt / Session is held on same day of the week for 7 weeks**
Maximum 15 Players/session- 1st come/1st served basis for enrollment
\$140/person (\$260 if signing up for 2 sessions)

Sessions will run during the weeks of:
June 10-12 / June 17-19 / June 24-26 / July 8-10 / July 15-17 / July 22-24 / August 5-7 (No sessions held during week of July 4th)

Session Code	Session Type	Grade Level (going into in Fall)	Day of Week Session Is Held	Time	Cost per player
SS1	Private/Small Group		Monday	8 am - 9 am	
SS2	Private/Small Group		Monday	9 am - 10 am	
SS3	All Skills	4/5 (co-ed) / Level 1 & 2	Monday	10 am - 11 am	\$140
SS4	All Skills	6 & 7 / Level 1 & 2	Monday	11 am - 12 pm	\$140
SS5	Private/Small Group		Monday	12 pm - 1 pm	
SS6	All Skills	7 & 8 / Level 2 & 3	Monday	1 pm - 2 pm	\$140
SS7	All Skills	9 - 12 / Level 4 & 5	Monday	2 pm - 3 pm	\$140
SS8	Private/Small Group		Tuesday	8 am - 9 am	
SS9	Private/Small Group		Tuesday	9 am - 10 am	
SS10	All Skills	4/5 (co-ed) / Level 1 and 2	Tuesday	10 am - 11 am	\$140
SS11	All Skills	6 & 7 / Level 3 & 4	Tuesday	11 am - 12 pm	\$140
SS12	Private/Small Group		Tuesday	12 pm - 1 pm	
SS13	All Skills	5 & 6 / Level 2 & 3	Tuesday	1 pm - 2 pm	\$140
SS14	All Skills	7 & 8 / Level 2 & 3	Tuesday	2 pm - 3pm	\$140
SS15	Private/Small Group		Wednesday	8 am - 9 am	
SS16	Private/Small Group		Wednesday	9 am - 10 am	
SS17	All Skills	5 & 6 / Level 2 & 3	Wednesday	10 am - 11 am	\$140
SS18	All Skills	7 & 8 / Level 3 & 4	Wednesday	11 am - 12 pm	\$140
SS19	Private/Small Group		Wednesday	12 pm - 1 pm	
SS20	All Skills	7 & 8 / Level 2 & 3	Wednesday	1 pm - 2 pm	\$140
SS21	All Skills	9 - 12 / Level 4 & 5	Wednesday	2 pm - 3 pm	\$140
3 DAY CAMPS					
SS22	Beginners Camp	Level 1 & 2	June 10 - 12	3 pm - 5 pm	\$125
SS23	Middle School Girls All Skills	Level 3 & 4	June 17 - 19	3 pm - 5 pm	\$125
SS24	Middle School Boys All Skills	Level 3 & 4	June 24 - 26	3 pm - 5 pm	\$125
SS25	Boys Grades 9 - 10 - Intense	Level 4 & 5	July 8 - 10	3 pm - 5 pm	\$125
SS26	DS Libero - Intense	Level 4 & 5	July 15 - 17	3 pm - 5 pm	\$125
SS27	HS Girl/Gr 11-12/All Skill/Intense	Level 4 & 5	July 22 - 24	3 pm - 5 pm	\$125
SS28	HS Girl/Gr 9-10/All Skill/Intense	Level 4 & 5	August 5 - 7	3 pm - 5 pm	\$125

Level 1 - Novice / Beginner

Level 2 - Knows underhand and overhand passing, is developing serving skills, can demonstrate basic on court movement skills, understands how to play 3 vs 3 game.

Level 3 - Can overhand serve and attempt to serve to target. Understands serve-receive. Understands techniques to jump and side set. Understands low and side underhand passing as well as pass-set-hit sequence.

Level 4 - Can serve to a target. Understands rules of game and subbing, can receive a serve and dig. Understands and attempts blocking skills. Can float or top spin serve. Knows transition to attack footwork. Can side and forward dive.

Level 5 - Can jump serve. Knows how to cover a hitter. Knows proper technique of attack and blocking. Understands officiating procedures. Able to work multiple speeds of attack, including quick sets. Understands team defensive positioning.

Private & Semi Private Lessons Available - Limited Sessions - Includes T-shirt - Filled 1st come/1st served basis!

Available to smaller groups at want to train together - Summer Schedule applies as listed above**

Single player - \$560/player

Groups of 2 players - \$450/player

Group of 3 players - \$310/player

Groups of 4 players - \$240/player

Register at website: www.fvperformance.com

Check our website for refund policy

Questions? Email Jeff Justice @ fvperformance@gmail.com